

# Getting started with Teladoc



**Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.**



**1**

#### Online:

Go to [Teladoc.com/Aetna](https://teladoc.com/Aetna) and click "**set up account**".

#### Mobile app:

Download the app and click "**Activate account**". Visit [teladoc.com/mobile](https://teladoc.com/mobile) to download the app.

#### Call Teladoc:

Teladoc can help you register your account over the phone.

## SET UP YOUR ACCOUNT

Set up your account by phone, web or mobile app.



**2**

## PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



**3**

## REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

Talk to a doctor anytime for **\$40 or less!**



[Teladoc.com/Aetna](https://teladoc.com/Aetna)



1-855-Teladoc (835-2362)

